



# ONLINE MANUAL HANDLING TRAINING

This nationally recognised online course was developed by industry experts and teaches participants how to lift and move materials either manually or by using basic manual handling equipment. The training takes participants through the theory of why we need to follow safe manual handling techniques along with practical demonstrations of how to apply these techniques in the workplace.

## Course Outline

The key areas covered by this course include:

- Identifying relevant standards and legislation related to managing manual handling tasks in the workplace
- Identifying what manual handling is and its characteristics
- Identifying manual handling hazards
- How to determine the safest method of movement to reduce the risk of injuries
- Applying different lifting and transfer techniques to manage manual handling tasks
- What happens when safe manual handling techniques are not applied.

## Mandatory Requirements

Participants must:

- Have at least a Year 10 level of numeracy, literacy and communication skills
- Be able to read and write English
- Use a device that meets the minimum system requirements of Pinnacle's e-Learning system (we officially support and recommend modern desktop or laptop computers running Google Chrome web browser). Other personal devices (e.g. phones and tablets) may be compatible, but due to the variety available, we do not officially support these devices.
- Have a stable internet connection.
- Use a device that can play sound.

## Certification

Participants who are deemed competent will receive a Statement of Attainment recognised under the Australian Qualifications Framework. This certification is nationally recognised. The Statement is issued by Pinnacle Safety and Training (RTO 40496).

## National Unit of Competency:

- FBPOPR2047 - Carry out manual handling tasks

Would you like to start your online Manual Handling course today?

Enroll now at [pinnaclesafety.com.au](http://pinnaclesafety.com.au)