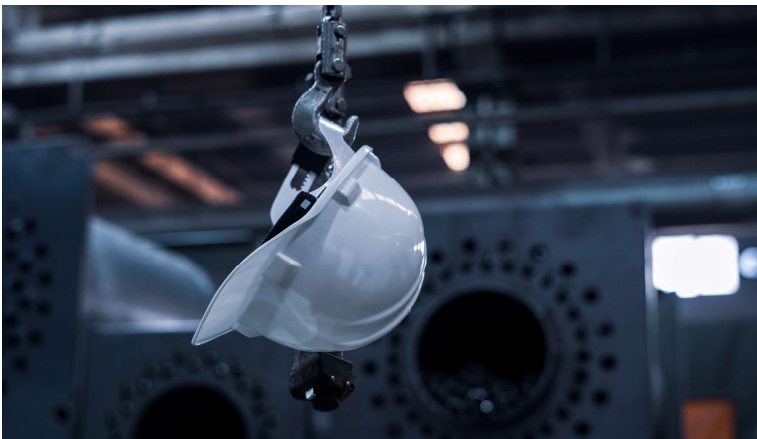


LEADERSHIP IN MENTAL HEALTH



Leading your team members who experience challenges to their mental health is a must-have skill.

Half-Day Course

- Awareness – what to look out for
- Impact on performance and business
- Core skills – communication and empathy
- Mentally healthy workplaces – culture and psychosocial safety
- Wellbeing for leaders

Your Trainer

John Clark is a former chemical engineer who experienced occupational burnout, depression and anxiety. As a master mental health first aid trainer he has worked in a variety of industry's for over 13 years, was a finalist Men's Health Award, finalist life award Tas Suicide Prevention Network, and beyond blue speaker. He is a skilled facilitator and builds strong connection with audiences from crew member to general manager.

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