

## First Aid & CPR

### Course Overview

This First Aid training course is designed to give students the necessary practical and theoretical knowledge they need to confidently apply First aid and CPR in a range of situations. The delivery of this training includes but is not limited to the below:

- Allergic reactions
- Anaphylaxis
- Asthma
- Basic wound care
- Non-life-threatening and life-threatening bleeding
- Burns
- Shock
- Cardiac arrest
- Envenomation – all current treatments
- Eye injuries
- Fractures, dislocations, strains and sprains
- Poisoning
- Recognise and assess an emergency situation
- Ensure safety for self, bystanders and casualty
- Provide first aid in accordance with established first aid principles
- Perform cardiopulmonary resuscitation (CPR) in accordance with ARC guidelines.

### Registered Training Organisation

This course and all related training and assessment services are delivered by Link Resources Training Pty Ltd (RTO Provider Number 45483).

For more information on target audience, outcomes, payment options, entry requirements and pathway please [click here](#).

### Equipment & PPE Requirements

Link Resources supply all equipment necessary for all students to undertake training and encourage students to bring along their own relevant equipment, procedures, and other information. For our public courses at our built training facilities trainees must wear suitable clothing (t-shirts, pants, and closed in footwear as a minimum).



### Unit Code & Title

- HLTAID011 Provide First Aid
- HLTAID009 Provide cardiopulmonary resuscitation

### Duration: 8 hours

Face to face.

### Course Fee

Please enquire.

### Course Types

Public, corporate, group and on site bookings available.

Please ensure you thoroughly read this course brochure and the relevant webpage prior to confirming your Enrolment.

[Click here to visit the course page](#)

**Health & Medical | Fire & Rescue | Education & Training Personnel | Consulting**

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