

Training Course Outline

Provide First Aid and CPR

HLTAID009 - Provide cardiopulmonary resuscitation

HLTAID011 - Provide first aid

This course outlines the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines and the skills and knowledge required to provide a first aid response to a casualty.

The course applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings

Within this course candidates will learn how to:

- *Recognise and Respond to an emergency situation*
 - *Identify, assess and minimise immediate hazards to health and safety of self and others*
 - *Assess the casualty and recognise the need for First Aid/ CPR*
 - *Display respectful behaviour towards casualty*
 - *Communicate details of the incident*
- *Perform CPR procedures*
 - *Operate automated external defibrillator (AED)*
- *Apply appropriate first aid procedures*
 - *Operate first aid equipment- including bandages, wraps, etc.*
- *Evaluate the incident and own performance*
 - *Recognise the possible psychological impacts on self and other rescuers involved*
 - *Participate in debriefing to address individual needs*

To achieve competency the candidate is required to successfully complete a theory and practical assessment and demonstrating sufficient performance and knowledge evidence.

Assessment will occur in workplace operational situations or, where this is not available, in simulated workplace operational situations that replicate workplace conditions.

Course Dates: Scheduled monthly and on request

Cost: \$260.00 per person

Delivery Mode: Internal Delivery

Duration: 1 day starting at 8am

Location: Ridgley Training Facility – 2 DeBoer Dr EAST RIDGLEY TAS 7322 (first left on Circular Rd)

Outcome: Upon successful completion the candidate will be awarded a Statement of Attainment for HLTAID009 - Provide cardiopulmonary resuscitation + HLTAID011 - Provide first aid

