



## COURSE SET - HLTAID009 & UETTDRRF10 (CPR / ESI)

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By undertaking this course, individuals will be provided with the knowledge and skills required to recognise when someone is unconscious and not breathing normally (Cardiac Arrest) and increase their chance of survival by calling an ambulance and performing potentially lifesaving cardiopulmonary resuscitation (CPR), including using a defibrillator, until emergency services arrive to take over.

This course also provides individuals with knowledge and skills to provide first aid in an electricity supply industry (ESI) environment. Individuals will be able to apply their skills and knowledge by being able to recognise and provide an initial response where first aid is required in emergency situations, which includes the ability to provide essential first aid using basic life support measures according to established workplace first aid policies and procedures.

The course is delivered in line with the Australian Resuscitation Council guidelines and applies to all workers or members of the community who may be required to provide CPR in the event of an emergency.

Application of the skills and knowledge described in this unit may require a licence/registration to practice in the workplace or ESI environment and may be subject to regulations for the undertaking of electrical work. State and territory legislative and regulatory licencing requirements must be confirmed prior to commencing this unit.

### **Pre-requisites:**

Nil

### **Co-requisites:**

Nil

### **Pre-entry Requirements:**

Long sleeves and long pants, Appropriate safety footwear  
USI

### **Content:**

- WH&S Legislation
- Electrical Safety Regulations
- Australian Resuscitation Council
- Codes of Practice and Australian Standards
- Legal and other requirements
- Basic life support
- Cardiopulmonary resuscitation (CPR) steps
- Demonstration and use of a defibrillator (AED)
- Debriefing/Welfare
- Electrical Shock
- Snake Bites
- Burns
- Trauma Injuries
- Shock
- Wounds
- Bleeding

**Unit of Competency**

The following units will be included in your certificate:

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- HLTAID009 - Provide cardiopulmonary resuscitation
- UETTDRRF10 - Provide first aid in an ESI environment

**Assessment:**

Participants learning outcomes will be assessed using practical activities designed to simulate the work environment as well as written questions as appropriate. Upon successful completion of the course, participants will be issued with a Statement of Attainment.