



HIGH RISK WORK SOLUTIONS PTY LTD

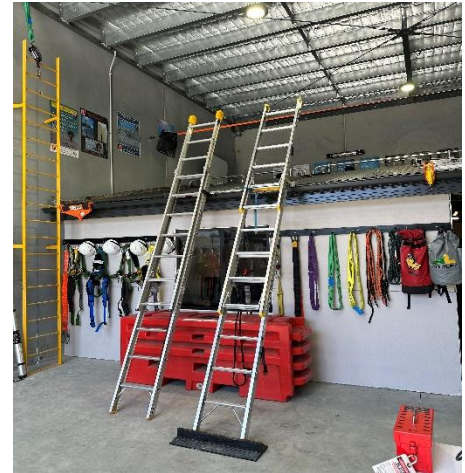
Training, Assessment, Licencing & WHS Services

RIIWHS204E Work Safely at Heights

Outcome: Nationally Recognised Statement of Attainment and competency card.

Course description:

- WHS Act 2012, Regulations, COP, A/S
- Risk Assessment, SWMS/JSA
- Hierarchy of Control
- Fall prevention devices (passive/active)
- Work positioning systems and ladders
- Fall restraint versus fall arrest
- Heights equipment Inspection and maintenance
- Anchor points, anchor slings, karabiners
- Type 1 and type 2 fall arrest devices
- Horizontal/vertical lifelines
- Fall clearance distances
- Suspension trauma and rescue techniques



Duration: Approx. 6-8 hours (maximum of 12 students per class), 4.5 hrs theory/2.5 hrs practical.

Pre-requisites: Must be 16 years of age and possess good language, literacy and numeracy skills.

Course cost: \$270.00 per person in Hobart, \$290.00 per person in Launceston/Devonport (fully funded by Keystone if eligible), please contact HRWS to discuss group booking discount rates.

What to bring: USI Number (<https://www.usi.gov.au/students/create-your-usi>). Biscuits, snacks, tea, coffee and drinks are provided. There are many takeaway food options nearby or feel free to bring your own lunch.

PPE requirements: Safety boots, long pants and Hi Vis short/long sleeve shirt.

Locations: Unit 2/8 Cessna Way, Cambridge/25 Merino Street, Kings Meadow and 28 Don Road, Devonport.

<https://www.highriskworksolutions.com.au>

info@highriskworksolutions.com.au or 0400 294 070

Onsite or offsite training, statewide



All nationally recognised training, when a learner is deemed competent at the completion of their training, will be issued with a Statement of Attainment in the unit in which they have enrolled by our partnering RTO's TT #45144 or AOTA #91463.